

## **Warm Luncheon Items**

*(Minimum order of 6 per item)*

**Honey Garlic Grilled Beef with Mixed Vegetables** - Accompanied by steamed rice and mixed mesculan salad

**Tuscan Grilled Chicken with Mixed Vegetables in a Fig Balsamic Sauce** - Accompanied by steamed rice and mixed mesculan salad

**Mango Grilled Chicken with mixed vegetables** - Accompanied by steamed rice and mixed mesculan salad

**Stuffed Peppers with Chickpea and Lentil salad and Mixed Mesculan Salad**

Choice of:

Veal Bolognese Stuffed Peppers

Southwestern Chicken Stuffed Peppers

Rosemary and Garlic Lamb Stuffed Peppers

**Tandoori Grilled Turkey with Basmati rice and mixed mesculan salad**

**Smoked Turkey Risotto with Tuscan bean salad and mixed mesculan salad**

**Roasted Lamb Strozopreti Pasta with Caesar Salad or Mixed Mesculan Salad and Garlic Bread**

**Chicken and Chorizo Spanish Paella** - Accompanied by Chickpea and Lentil Salad and Mixed Mesculan Salad

**Homemade Shepherd's Pie accompanied by mixed mesculan salad or Caesar salad**

**Southern Fried Chicken with BBQ corn and black bean salad and Caesar salad**

**Grilled Chicken or Beef Enchiladas with roasted potato salad and crispy ranch greens**

**Grilled Salmon bake with Toasted Cashews and Brown Rice** - Accompanied by Farmer's Mix Salad and Mixed Mesculan Salad

**Cashew Grilled Beef with Broccoli** - Accompanied by steamed rice and Asian Slaw

**Sundried Tomato and Oregano Chicken Loaf with Farmer's mix salad and mixed mesculan salad**

**Moroccan Turkey Tangine**

(Slow roasted turkey with dried fruit, nuts and sundried tomatoes)

Accompanied by steamed rice and mixed mesculan salad

**Roasted Chicken Orzo Pasta with Balsamic Tomatoes and Rosemary** - Accompanied by Caesar salad or Mesculan Salad and Garlic Bread

**Coconut Crusted Pork Curry with Sweet Potato Salad and Mixed Mesculan Salad**

**Pad Thai** (can be made with chicken, shrimp or vegetarian) - Accompanied by Asian slaw and mixed mesculan salad

**Chicken Saltimboca** (Chicken cutlet lightly breaded and topped with prosciutto, wild mushrooms and goat cheese) - Accompanied by Tuscan Bean Salad and Caesar Salad

**Three Cheese Tortellini with Roasted Artichoke, Pine Nuts and Fresh Parmigiano-Reggiano** - Accompanied by roasted garlic bread and Caesar salad

## **Veal Parmigiana with Grilled Vegetables and Caesar Salad**

## **Sandwiches**

### **VEGETARIAN**

Antipasto Stuffed Baguette – Grilled vegetables with herbed goat cheese  
Grilled Eggplant and Artichoke sandwiches with lemon aioli feta and mint

*\$7.95 per (comes with garlic pickles and veggie chips)*

### **NON-VEGETARIAN**

Ham and Sweet Onion Sandwich with Honey Cup Mustard  
Prosciutto sandwich with Arugula, mozzarella and roasted garlic mustard  
Smoked Turkey sandwich with lettuce, tomato and herbed cream cheese  
Spicy Salami with Arugula, Sundried Tomato and Provolone Cheese Sandwich  
Grilled Chicken Sandwich with caramelized onions and Cajun aioli  
Roast beef sandwich with caramelized onions and cheddar

*\$8.95 per (comes with garlic pickles and veggie chips)*

### **GOURMET**

*(Minimum order of 3 per)*

Shredded Pork Tenderloin Sandwich with caramelized shallots and spicy BBQ sauce  
Grilled Portobello Sandwich with Blue Benedictine Cheese  
Zucchini Fritter Sandwich with Cilantro yogurt spread and sprouts  
Veal Parmesan with homemade tomato sauce and grilled vegetables  
Rosemary Roasted Lamb Sandwich with Lettuce, Caramelized Onions and Honey Mustard  
Grilled Beef Tenderloin with Sautéed Mushrooms, Old Cheddar and Horseradish Cream

*\$10.95 per (comes with garlic pickles and veggie chips)*

## **Salads**

**Cauliflower and Chickpea Salad with Mint**

**Crab, Sweet Pea and Hearts of Palm Salad**

**Farmer's Salad** – Broccoli and Cauliflower with sharp cheddar, bacon in Vidalia vinaigrette

**Tuscan Bean Salad** – Mixed beans and barley with a prosecco vinaigrette

**Roasted Beet Salad** – Roasted beets with caramelized onions and toasted pine nuts. (May add feta cheese)

**Roasted Potato Salad** – Potatoes roasted with paprika and garlic and mixed with smoked bacon and sweet peppers

**Grilled Marinated Vegetables with Smoked Mozzarella**

**Chunky Chicken Salad** – Roasted Chicken with Couscous and madeira soaked raisins

**Moroccan Wild Rice Salad** – Mixture of wild rice grains with dried fruit and nuts in a Moroccan inspired spice blend

**Roasted Summer Squash with Sweet Corn**

**Maple Glazed Sweet Potato and Caramelized Leek Salad**

**Chickpea and Lentil Salad with sunflower seeds and red onion**

**Red Leaf Lettuce, Watercress and Cucumber Salad with Buttermilk Dressing**

**Arugula Salad with Roasted Baby Onions and Tomatoes**

**Spinach Salad with mandarin and toasted almonds**

**Almond crusted goat cheese salad with raspberry dressing**

**Bulgarian Salad of Roasted Peppers, Onions and Walnuts**

**Watercress Walnut and Roquefort Salad**

**Classic Caesar Salad**

**Mesculan Salad with toasted almonds, dried apricots and caramelized onions**

**Mixed Green Salad with Strawberries, Cashews and Red Onions with a lemon poppy seed dressing**